

RHEUMATISM

OSTEO - ARTHRITIS

RHEUMATOID - ARTHRITIS

and allied conditions

With Special Reference to

The New Treatment by

RU-MARI

BRAND COMPOUND



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THE TREATMENT OF RHEUMATISM, RHEUMATOID ARTHRITIS, AND ALLIED CONDITIONS.

PREFACE.

Recent researches into the causation of this group of diseases have shown to be still the subject of controversy among scientists, and until absolute certainty as to the causative factors of the disease is established, it is quite clear that its cure may be, and will be, very varied.

On account of the wide-spread nature of the disease, two aims must clearly be borne in mind, those relating to the cure of the disease itself, and those relating to the relief of the symptoms.

So many remedies for rheumatism are constantly being offered to the Public and the Medical Profession, and the benefits derived from the various methods of treatment are so extremely diverse, that it is advisable to place them before one, in a simple manner. In this way the closest co-operation from the patient may be obtained.

CLASSIFICATION OF RHEUMATISM, RHEUMATOID ARTHRITIS AND ALLIED CONDITIONS.

Most of the difficulties in diagnosis and treatment arise from the fact that acute rheumatism is seldom followed by joint disease. Unfortunately the word "rheumatoid" is often given to any joint disease, although of unknown origin, because, though not rheumatism, it is like it. Following the lead of the recent Committee appointed by the Ministry of Health, a convenient classification is as follows:—

1. *Acute Rheumatic Fever*.—This seldom causes permanent joint changes and so does not fall under the present observations.
2. *Non-Articular Rheumatism (Muscular Neuritis)*—
 - (a) Myalgia—Sciatica—Fibrositis, etc.;
 - (b) Lumbago—often due to an occupational added cause.
3. *Chronic Rheumatoid Arthritis*.—An infective arthritis round the joint—generally commencing with fever—affecting the finger joints. Nutrition of patients low. Lesions (tissue changes) symmetrical; mostly in females.
4. *Osteo-Arthritis*—Gradual onset. No initial fever—first confined to one joint, especially knee and hip only on one side of the body. Nutrition generally good.
5. *Mixed Arthritis*.—In which the conditions of the affected joints show signs and symptoms of both osteo arthritis and rheumatoid arthritis. It should be noted in passing, that the term Rheumatoid Arthritis is used now and throughout the book to cover, in addition, Rheumatism, Sciatica, Neuritis, Lumbago and the whole chain of ailments associated with these conditions.

Fixing the Causative Factors.

Whatever is ultimately ascribed as the causative factors of groups 3, 4, and 5, one fact stands out clearly; that is the length of time that the body takes to recover after the preliminary onset—in other words, the delay in obtaining an acquired immunity. In many other diseases, immunity is obtained with recovery as in scarlet fever, typhoid fever, etc., or death, such as in plague, sleeping sickness, where there is apparently no effort of the body

to manufacture the anti-substances necessary to limit the attack of invading organisms. In the above-mentioned diseases, the infection is of high virulence or poisonous character. The prevalent causative factors of rheumatic diseases must be of low virulence, in that in many cases the general health appears to be excellent, although in the later stages suffering a little from local manifestations in the joints. It will be noticed that in the earlier stages of the disease, there is generally a period of ill-health with slight muscular pains, which may after some weeks or months, disappear, and at a subsequent period the joints swell and stiffness appears.

It may therefore be due to some condition (caused by the factors of the disease itself directly or indirectly) within the body that it is unable to elaborate the anti-substances necessary to obtain this acquired immunity within a reasonable time before permanent damage has been effected; this almost certainly points to the condition of reduced alkalinity in the blood and tissues as the retarding factor.

All clinicians are agreed that at sometime or other in the course of these diseases there are all the signs of inflammation, heat, pain and swelling and redness with increased blood supply. The causative factor is, therefore, almost certainly of bacterial origin. From the records of many cases, over thirty years, of Rheumatoid Arthritis and allied conditions, the inequality and variation in results obtained by the various therapeutic measures is striking, and this can only be ascribed to the variations in the ability of each individual to combat the acidosis almost constant in these diseases.

This reduced alkalinity of blood and tissues is easily established and leads the chemist often to ascribe the disease factor to a metabolic cause.

RECOGNISED METHODS OF COMBATING ARTHRITIC MANIFESTATIONS.

Now, for a group of diseases, with such varied and perplexing manifestations, what remedies have been elaborated by the research workers and clinicians for the relief of sufferers?

These may be classified as follows:—

1. *Spa Treatment*.—As obtainable at Bath, Vichy, Buxton, etc. Treatment by radio active waters and by drinking

alkaline waters, which principally depend for their reputation on physical methods to restore limb movement—chiefly massage, exercise and electricity to loosen the joints and re-educate the muscles.

2. *Bacterial Treatment by Vaccines*.—The most reasonable and scientific method of attempting to cure the disease by attacking the invading organisms—but strangely unsuccessful, probably for reasons referred to above.
3. *Dietetic Treatment*.—Alkaline diet with adequate nourishment—low protein content, but moderation in quantity and quality—a basic menu—approximately about 2,400 calories in the 24 hours.
4. *Gold Injections*.—Still under exploration—at present beneficial effects are rare, and only directed towards the symptoms.
5. *Electrical Treatment*.—Of all kinds, including Diathermy, Infra-Red, etc. The most successful of these in checking the process of the disease and in mobilising joints has been the new Short-Wave Therapy recently introduced.
6. *Alkaline Treatment*.—Large doses of alkalies in a well-balanced and easily assimilated form, in imitation of the alkaline treatment of the Spas, already referred to, but in larger doses and continuous for longer periods of time. To this group RU-MARI belongs; and although a constant cure by its administration cannot be claimed in all cases, still, the general clinical report from thousands of cases with careful analysis are unanimous in the formation of the conclusion that it provides a most useful weapon to combat this very distressing disease, whose ravages are so uncontrollable as to make patients consider their cure uncertain, and their doctors incompetent.

Ru-Mari Achieves Satisfactory Results.

It must be remembered that the difficulties arising out of rheumatism are Suffering, Distressing and *Demoralising*, and they cry out for some aid and some hope—and it is just here where RU-MARI affords that measure of relief accompanied by hope and optimism which is strikingly absent in other forms of treatment, especially the various Institutions that have been

hitherto in vogue under the supposition that drugs are the only palliative, and physical methods alone are the sufferers' only resource.

How Rheumatism Develops.

The History of a Rheumatic Attack is generally vague in form—loss of appetite—loss of weight—fatigue, so that many observers have been led to group this as a gland disease (Kramer). Whilst in this depressed state, some exciting factor is superimposed, cold, exposure, pregnancy, influenza, etc., and after a variable interval, the familiar joint changes make their appearance.

It is very unfortunate that many people dismiss the first warning twinges as a "touch of rheumatism," without taking any further steps to control the onslaught of a malady which, if unchecked, never fails to increase its hold on the body, and becomes more stubborn to eradicate, the longer the treatment is delayed.

Some Laboratory Changes That Take Place.

Among the records of many hundred cases, the alkalinity of the blood (pH) has been reduced, while the alkaline combining power was profoundly altered. The respiratory rate, slightly increased also, as might be expected in any condition of acidosis, whether compensated or not.

The bacterial contents of the intestines were much increased and in most cases septic foci in teeth and in the tonsils were noted. The failure of any one line of treatment, whether vaccines, chemical or glandular, is usually apparent in that the body is not apparently making any effort to conquer the chronic localised infection (most rheumatic lesions are in practically closed foci) "apparently" as in a condition of acidosis, it is unable to do so.

Thus, on every side we have corroboration of this change in the active "chemistry" of the blood, i.e.,—a diminished alkalinity, which must be overcome, before any improvement can be noted. The disease progresses through the invasion of the muscles of the body, by bacteria from within the intestinal canal, probably fed and renewed from some focus of infection, (whether teeth, tonsils, etc.) generally resulting in the weakening of the muscular

frame, with some irregular pains in the muscles themselves (the joints at this period being perfectly free).

Gradually the bacteria continue their invasion into the synovial membranes of the joints, into which the tendons extend, causing swelling of the joints, heat and redness—so well seen in the fingers. If no immunity be acquired by the body, after a length of time, fibrous tissue take the place of the well-lubricated synovial membranes lining the joints, and then the first fixing of the joints is noticed (Rheumatoid Arthritis). At a later stage, the bacteria penetrate into the bone itself, setting up a permanent disability (known as Osteo-Arthritis).

Is Rheumatoid Arthritis Incurable ?

In many medical circles the view is held that chronic Rheumatoid Arthritis is incurable, and that the best that science and medical skill can accomplish is to relieve suffering and hold the malady in check, as well as may be. Many and varied are the means adopted to this end, ranging from radio-therapy through massage, lotions, dieting, and so on down to simple “ home ” remedies. Nearly all are empirical, and the most effective have concentrated on external means for breaking down and “ washing ” away the arthritic deposits.

The Discovery of Ru-Mari.

Following the above course of the disease, a research worker set himself the problem of assisting the body to defend itself against the invasion of the infecting bacteria. So far, of all existing methods, each had only a small measure of success. Whatever result was obtained, was either by treating symptoms, or by remedying deformities or immobile joints—but in RU-MARI ^{BRAND} _{COMPOUND} he clearly demonstrated the value of attempting to get at the very foundation of the acquisition of immunity, and protection against the disease, by restoring the normal alkalinity of the blood and tissues, so as to place the body in a position to manufacture the specific anti-substances necessary to limit the infection.

What is Ru-Mari Brand Compound ?

It is a well balanced and easily assimilated preparation of the alkaline carbonates, chemically prepared by a special series of

processes, to form a liquid, strongly antacid before and after administration.

It is rapidly absorbed into the blood stream, and is often of the greatest value to those suffering from the condition of acid dyspepsia with eructations. It further assists to stimulate the formation of normal gastric juices.

It helps to preserve the alkalinity of the blood, which is normally done by the kidneys, as regards phosphates, and the lungs, as regards carbonates.

The diuretic action of the kidneys is stimulated and many poisonous products or toxins, the result of imperfect oxidation within the body, are speedily flushed out of the system.

Many organs, whose functions are being retarded by the accumulation of acid contents, are thereby restored rapidly to health.

It further contains a powerful antiseptic to the intestinal bacteria in the hypochlorite salt, thus attempting to limit the development of the more toxic and poisonous inhabitants of that organ, and this, without being the least harmful to the cells or tissues of the body.

A Marked Tonic Effect.

It is noted there is frequently a preliminary lowering of the vitality, but in a few days a renewal of vigour is noted. The cardiac action is steadier, as the liver gradually becomes relieved and its action more uniformly constant.

The peripheral vessels appear to be relieved of their contraction by the elimination of toxins and the blood pressure generally is lowered, and thus it is invaluable for encouraging the normal metabolic functions, and in inducing increasing energy and vitality throughout the system.

Easy to Take.

RU-MARI ^{BRAND}_{COMPOUND} is not unpleasant to take. It may be taken in milk (which may have the chill taken off, if desired) or if milk is not well tolerated, it may be mixed with distilled water obtainable from any chemist, or soda water. During a course of treatment, it is absolutely essential that daily movement of the affected joint, and massage of the affected muscle leading to this joint, be continued.

Treatment.

Daily movements of the joints should be carried out without strain and without weight on the limbs, where possible. Massage with RU-MARI brand Lotion is advisable once or twice a day. Patients should keep as free as possible from worry and should take things easily. In the early stages, prolonged rest is beneficial, and in severe cases, as much of the day as possible should be spent in bed. No swollen joint should be allowed to bear weight of any kind.

Rest and warmth are beneficial, and passive movements are the only ones that should be used.

Relief of Pain.

The effect of RU-MARI ^{BRAND} _{COMPOUND} often does not show immediately, and sometimes a reaction sets in, which is accompanied for a few days with increased pain and stiffness, which may be taken as an expectation of early relief.

In many cases where the pain is unbearable (although RU-MARI ^{BRAND} _{COMPOUND} is an alkaline remedy, and, therefore, should not be prescribed with acids) it is permissible to take drugs of the aspirin group (Aspirin, Aspro, Genaspirin, Veganin, etc.) providing that one or two hours elapse between the taking of the medicine and the aspirin.

RU-MARI ^{BRAND} _{COMPOUND} could then be taken before the meal and aspirin after the meal, or at the evening meal and aspirin on going to bed. In all cases, the effect of the aspirin group is increased, by taking one tablet when the pain is severe, and another in five minutes' time instead of taking two tablets together, as is the usual custom.

The Lotion—Ru-Mari Brand.

The Lotion is prepared in our own laboratories for external treatment, and will be found to be eminently suitable for the relief of the agony, which accompanies arthritic conditions. It will not burn, blister or injure the skin, and definitely gives relief from pain.

It has proved a valuable ally to Ru-Mari, since it eases pain during the interval between the commencement of the treatment and the subsequent cure.

Cleansing the Bowel.

The greatest care must be shown in the regularity of elimination by the bowel. In obstinate cases, a tablespoonful of Liquid Paraffin morning and evening to ensure merely lubrication and then in addition, a laxative medicine to get rid of the loosened contents, would be advisable.

The choice of the evening purgative is a wide one: Senna, Cascara, Aloes—may be all used in turn.

Saline Aperients in the morning, as a daily routine, are not advisable, on account of their mode of action in fixing in the blood the calcium molecules (which are already inconstant), and thereby tending to reduce its viscosity.

The Cascara, which has been prepared in our laboratories, is strongly recommended as a very convenient and effective laxative, that can be relied upon to act without griping.

Ru-Mol Vitamin Capsules.

The effect of RU-MARI ^{BRAND} _{COMPOUND} is very much increased in stubborn and long standing cases, by the addition to the RU-MARI alkaline compound, of regular doses of the Vitamins which are essential to the defence powers of the body. These are chiefly Vitamins A, D and B.

Vitamins A and D—RU-MOL Vitamin Capsules or Halibut Liver Oil Capsules.

Vitamins B—Yeast or Malt extract.

IMPORTANT.

1. It cannot be stressed too strongly that the RU-MARI ^{BRAND} _{COMPOUND} is absolutely harmless.
2. It is sensitive to light, and if loss of colour is observed, this will in no way detract from the efficacy of the medicine.
3. It is emphasised that the dosage upon the bottle label should be adhered to. This is essential to build up the alkalinity of the blood. Not less than *four* tablespoonfuls of RU-MARI ^{BRAND} _{COMPOUND} should be taken per day.

An Appeal to Common Sense.

In undertaking to cure Rheumatoid Arthritis and kindred ailments we rely upon your good sense in following the instructions and suggestions closely. They are not made lightly, or without the full weight of medical experience. Do not condemn RU-MARI ^{BRAND} _{COMPOUND} out of hand, if it fails to bring about an immediate and magical cure; you cannot expect the medicine to clear up a chronic ailment in a few days. The claims made for the compound are fully substantiated in every way, but we are anxious that you should undertake your cure under no false impression.

USERS ARE URGED TO WRITE TO RU-MARI, LTD., WHO WILL BE GLAD TO GIVE ADVICE UPON THEIR CASE.

Medical experience shows that some systems react more slowly than others. Thus, although some people obtain immediate benefit from the first bottle, others require more bottles before satisfactory results are obtained. In realising this we would remind patients that ordinary treatment for Rheumatoid Arthritis which merely gives relief can run into many pounds a year and that the outlay on RU-MARI ^{BRAND} _{COMPOUND} even over a relatively long period, is much less than the amount normally expended on palliatives, over a period of years. It cannot be too strongly emphasised that RU-MARI ^{BRAND} _{COMPOUND} can restore the body and its tissues into a condition, where a cure is possible.

Occasional Doses After Cure.

Those who desire to remove the possibility of a recurrence of previous conditions are recommended to take a dose at regular intervals and thus ensure that continuous freedom is obtained. It is unreasonable to assume that you are immune from further attacks, any more than the "curing" of a cold guarantees that you can never catch another. This is the only reason for suggesting an occasional dose. It is an "insurance" against recurrence of the trouble.

What Ru-Mari ^{BRAND} _{COMPOUND} Has Achieved.

The cures achieved are many and fully authenticated. Most hopeless and chronic cases of Rheumatoid Arthritis, Rheumatism, Sciatica, Lumbago and Neuritis have been treated under careful medical observation, and the most amazing improvement has been secured. The unsolicited testimonials, given in the latter

part of the booklet, are but a few—a very few—of the large number we receive every week. The originals may be seen at our office.

Rationale of Treatment of the Group of Rheumatic Diseases by Ru-Mari.

The bacterial forces are undoubtedly the chief causative factor present in three areas of the body, and to each of these the treatment must be directed.

1. Primary or Original Foci—in Teeth, Tonsils, etc. These must be eradicated.
2. Secondary Foci—derived from the first, and present in the intestine.

The presence of this group of bacteria in the body lowers the alkalinity of the blood and tissues, as well as forms the source of waves of invasion into the body and tissues generally.

These must be washed out by very free purgation, and their deleterious effect on the alkalinity of the blood and tissues restored by “drenching” the body with a specially prepared alkaline compound (RU-MARI ^{BRAND} COMPOUND) which is easily absorbed.

This, too, must be supplemented by damping down the virility and activity of the bacteria themselves by withholding from them the complex protein elements of food-stuff, (as are present in meat, etc.), and putting the sufferer, as early as possible, on to a carbohydrate and vegetable simpler protein diet, with all the alkaline salts available in fruit and vegetables in addition.

3. The strictest care over the affected joints, where the bacteria are still active, and remedial exercises to cure the stiffness and deformities (where the effect of the bacterial disorganisation still remains, long after the bacteria have all been destroyed by the body's effort), by every possible means, heat, warmth, Diathermy, etc.

Finally, throughout the course of treatment, the general health of the individual must be kept up to standard by vitamin and glandular extracts when suitable and possible (such as RU-MOL, and TYRODONE Brand Pure Deep

Sea Oyster Concentrate), in order that those affected may be able to elaborate within their body element the necessary specific antitoxins, whereby alone can the ravages of the invaders be checked and overcome.

DIET IN RHEUMATIC CONDITIONS.

It would be advisable to attempt to reorganise the metabolism of the whole body while undertaking RU-MARI ^{BRAND} ^{COMPOUND} treatment, and, therefore, though the following suggestions appear somewhat drastic, the success attending such a course justifies the care and restraint that has been carried out. In other words the dietary should be adjusted to foods calculated to produce the least digestive strain and which mostly have an alkaline ash.

The nourishment must be adequate, but the more complex proteins of meat, etc., should be excluded. A high carbohydrate content therefore is inevitable, but the quantity of the food taken at one meal should be moderated to ensure every part of it being thoroughly mixed with the digestive juices.

Tea, coffee and all highly seasoned or fried foods should be practically excluded from the dietary.

During acute attacks it is best to extend the diet to fruit and vegetables only.

It would be well for all rheumatic sufferers to bear in mind the seven commandments of the General Principles of feeding:—

- (1) Never eat at all unless you are definitely hungry, but drink water and wait until the next meal.
- (2) Never drink and eat at the same time, in order to ensure that there is no dilution of gastric juices and that the muscular wall of the stomach is not over distended.
- (3) Never eat more at one meal than will go into your hand outstretched.
- (4) Never eat things fried, to avoid fermentation in the stomach.
- (5) Never eat heavily after sunset. The Thyroid gland, the chief regulator of pancreatic digestion, is then at its lowest activity.

- (6) Never eat white bread or potatoes in bulk.
- (7) Never eat anything with tea or coffee or even have coffee after food.

Alcohol may be taken in medicinal doses whenever mind or body is depressed and in these quantities is not injurious.

Ru-Vive Brand Bath Salts.

This is a medicated tonic bath salt of exceptional merit for Rheumatic conditions, Stiffness, Lassitude, Sprains and all bodily fatigue. These bath salts are impregnated with Iodine and Methyl Salicylate (Wintergreen) and are prepared in a concentrated powder form. All sufferers from Rheumatic troubles are strongly recommended to use Ru-Vive Brand Bath Salts regularly as it induces free movement of the limbs, so helpful in countering the effects of Uric and Hippuric acids. Special leaflet free on application.

DIETS

DIET No. 1 for three days only.

Then continue with Diet No. 2.

FOR ACUTE ATTACKS ON COMMENCEMENT OF RU-MARI TREATMENT.

- I. 8 a.m.)
 II a.m.) The juice of 2-3 oranges and sugar every three
 2 p.m.) hours.
 5 p.m.)
 8 p.m.)
2. Any other fruit as substitutes or additions (except Bananas).
3. Plenty of water to drink, two to three glassfuls daily.
4. Marmite (vitamin B) one or two cupfuls during the day.
5. China Tea with Lemon and Sugar, once or twice a day.
6. Free action of the Bowels by Liquid Paraffin, one table-spoonful morning and evening, and one dose of cascara on going to bed.

The diets should be supplemented with Yeast (fresh or tablets) or Malt Extract (vitamin B).

DIET No. 2 for seven days.

Then continue with Diet No. 3.

- 8 a.m. Tea (China) or Grapefruit.
8.30 a.m. Stewed Fruit and Cream, or Egg, Toast and Butter and Milk.
11.30 a.m. Marmite or Fruit Juice.
12.45 p.m. Water.
1 p.m. Soups, Rice, Macaroni, Spaghetti, Risotti.

Vegetables.

<i>Green.</i>	<i>Root.</i>	<i>Pod.</i>
Spinach	Carrots	Peas
Cabbage, etc.	Turnips	Beans
	Artichokes	(also dried)
	Potatoes	
	(small portion)	

Omelette.

Salads.

Puddings. Light Suet, or Milk, Pancakes, Ice Cream.

Fruit. Fresh, stewed, tinned with Cream.

Savoury. Cheese, Tomatoes, Roe.

Cheese, Butter and Biscuits.

- 4.30 p.m. Tea (China).
6.30 p.m. Water.
7.30 p.m. (As at lunch only lighter.)
Soup
Eggs
Spaghetti, etc.

DIET No. 3.

Standard Diet List for Rheumatic Conditions.

Basic Menu—With Average Helpings—2,400 Calories
(Approximate.)

Soups. Vegetables, Celery, Carrots or Tomatoes with Macaroni, Vermicelli, etc., added.

Vegetables. Cabbage, Cauliflower, Brussels Sprouts, Beetroot, Celery, Lettuce, Parsnips, Peas, and Beans.
All green vegetables, but Potatoes in strict moderation.

<i>Fruit.</i>	All kinds, fresh stewed or tinned.
<i>Fish.</i>	Steamed or boiled.
<i>Eggs.</i>	Taken raw (beaten up), soft boiled or poached. Two or three daily.
<i>Fats.</i>	Butter, Cream, Bacon fat, not lean.
<i>Cheeses.</i>	Preferably those of a creamy consistence.
<i>Preserves.</i>	Sugar, Syrup, Jam or Marmalade, in strict moderation.
<i>Sweets.</i>	Puddings, in small helpings, made with Rice, Semolina, Macaroni or Spaghetti, Junkets, Custards, etc.
<i>Bread.</i>	Brown, always toasted, to ensure thorough admixture with alkaline saliva.

Specimen Diet for One Day.

<i>Breakfast.</i>	Choice of fresh stewed fruit. Cereal, 2 tablespoonfuls with Cream or Milk. One Egg (soft boiled or poached), Bacon fat, no lean. Brown Bread toast. Milk, one cup.
<i>Lunch.</i>	Soup. White Fish. Small portion Potatoes in any form except fried. Green vegetables, green salads. Fruit salad or stewed fruit, with custard if desired, or milk pudding, Tapioca, Semolina, Macaroni or Junket, suet puddings if light. Brown bread, toast and cream cheese and butter.
<i>Tea.</i>	One glass of Milk (hot or cold). Biscuits with butter.
<i>Supper.</i>	One glass of Milk hot or cold. Brown Bread toast with Butter. Cheese with green salad. One Egg. Fresh or stewed fruit.

Drink water plentifully between meals.

Any special diet for different seasons of the year will be forwarded on request.

Sir Hugh Walpole, the Famous Author, writes :

90, Piccadilly, W.1.

November, 1935.

" In November, 1934, when I was working at the Metro-Goldwyn-Mayer Studios, I was attacked on both hands by arthritis, a complaint I had never had before. I was ill for weeks in Hollywood, then went to New York and was in hospital there, getting worse all the time.

I was so bad, that I was taken on a stretcher aboard the *Berengaria* and attended by a doctor and nurse during the Atlantic crossing. When I arrived in London I was taken again on a stretcher to a nursing home, and was there for some weeks. During this time I had altogether some fifteen doctors, English and American, the best of their kind, I imagine. They did everything possible, giving me all kinds of treatment. Nothing gave me relief.

Finally, I left the nursing home and felt with utter despair that my years of usefulness were ended. I was told quite flatly there was little, if any, chance I should ever be able to write again. My right hand and arm were encased in a Plaster-of-Paris cast. The prospect was hopeless and dreary indeed, and the fearful torture continued night and day.

Shortly thereafter a friend of mine introduced a bottle of liquid which he said was a cure for arthritis. It had worked quite successfully with numbers of people, and was being privately produced.

I must confess that I had no belief in it whatever, but was in such agony and distress of body and mind that I was willing to try anything. I took a dose that night, and the next morning felt much better. Then I began taking RU-MARI in earnest, following the directions carefully with respect to diet. Within two weeks all the swelling in my arm and hand had gone down so amazingly that the specialists were astonished when I called them in to make an examination. They declared it to be one of the most remarkable recoveries they had seen. They removed the plaster cast the same day. Within a month after that, still continuing the RU-MARI treatment religiously, I was almost entirely well. There was no pain whatever. One day I began to

write, and have since completed a novel, writing it entirely by hand. That was a year ago, and I have had no touch of rheumatism of any kind during the year.

I am now completely well.

I would not like to say that I believe RU-MARI always acts so speedily, nor do I wish to guarantee its success in every case. although I have since learned of many remarkable recoveries. I can speak only for myself, and this is an exact true account of how RU-MARI helped me."

(Signed) HUGH WALPOLE.

Famous Film Star's Testimony. Hollywood,
California.

December 18th, 1935.

" I was stricken with sciatica during the filming of a picture at the Metro-Goldwyn-Mayer studios in November. The attack was so severe that it was feared the picture could not continue. My friend, Hugh Walpole, told me of his remarkable experience with RU-MARI and gave me a small quantity from his private supply. I took the first dose on Friday night. By Sunday noon the pain had entirely disappeared. Nothing in my experience has been so amazingly helpful. I now take RU-MARI occasionally as a blood conditioner and have not had a recurrence of the ailment. I can speak only of myself, but I feel a deep debt of gratitude towards the discoverer of this remarkable remedy and toward the persons who are responsible for making it available in the United States."

(Signed) LIONEL BARRYMORE.

A Harley Street Doctor's Tribute. Harley Street, W.1.

July 6th, 1937.

Dear Sirs,

" Some while back your RU-MARI treatment for Rheumatoid Arthritis and associated ailments came under my professional notice and I decided to try it out on some of my patients who had not responded to my usual treatment. It may interest you to know that I am very satisfied with its alleviative and curative properties. I have had better results with it in certain cases

than with any other remedy, and particularly have found it useful in bad joint cases. I am continuing to make use of it in my practice in suitable cases and think its advantages should be more widely known amongst my colleagues."

Yours very truly,

L.R.C.P., L.R.C.S.

A Doctor's Report.

Kensington, W.

November 6th, 1936.

"A patient of mine suffering from Osteo Arthritis of the hip appears to have derived considerable benefit from one bottle of RU-MARI."

(Signed) ———, M.D.

Recommending it to Patients.

Boscombe, East.

August 23rd, 1935.

"Please send me two bottles of RU-MARI. I have certainly derived benefit from your preparation and am recommending it to my patients."

(Signed) ———, M.D.

Mr. Marcel Godfrey.

London, W.2.

January 30th, 1936.

"Ever since the war I have suffered intense agony with arthritis and fibrositis. Last year I spent five months in bed without being able to put either foot to the ground. I tried everything, including baths and massage, to say nothing of all kinds of medicine. The baths did me a little good but as soon as I left them off I was bad again. The Titanium Ray was the best thing I tried until I heard of RU-MARI.

RU-MARI has got me on my feet again. There is no doubt of it. I am now able to paint five or six hours a day without any discomfort. It is quite the most miraculous thing I have ever come across.

I might also add that my grandmother, aged 85, has also been using RU-MARI with astonishing results. After two bottles she straightened up and is now walking about and enjoying life

without pain. She sleeps and eats well and feels better than she has done for some years past.

I only hope that fellow sufferers will believe that I only mention these things in the hope that they will profit by them. It is such a relief to be free from pain."

Yours gratefully,

(Signed) MARCEL GODFREY.

Relief after 19 Years.

Hove.

June 8th, 1936.

" Very many thanks for the second bottle of RU-MARI. The improvement still continues, the 7th day after taking the medicine I found that on my left hand the fingers had started to relax and to separate, and on the 9th day the fingers on my right hand relaxed and my neck moved with ease and comfort from right to left.

On the 11th day my right arm moved easily and without pain and I was able to lift it well above my head. On the 13th day I found I could move my left arm more freely, and needless to say the joy of all these wonderful surprises has helped me to feel happier and brighter in myself. It is very wonderful after nineteen years suffering to be so marvellously relieved in such a short time. The sister and the nurse are astonished."

(Signed) M. B.

Nothing Short of a Miracle.

Northampton.

February 24th, 1937.

" I felt it my duty to write you and let you know how very grateful my husband and I are for the wonderful medicine, namely, RU-MARI, we had from you. My husband has suffered agony with Sciatica in his left leg and for over twelve months he went to three or four different doctors. I used to massage his leg night and morning without any good coming from it, and we have spent pounds on various remedies without success.

My husband could not put on his boots or take them off himself not being able to bend properly, and he had to slide into his chair. He was getting pretty desperate as his work necessitated him being out in all weathers and I was at my wits end as to

what to get for him to help him carry on. I hesitated at sending for your medicine as 12s. seemed a lot to spend on something that might not do my husband any good, but it was nothing short of a miracle, in fact we can hardly believe it now.

After two days of the medicine he was easier and, believe it or not, after he had finished the one bottle it was quite gone. That was over two months ago and he is just like a new man.

Please accept our grateful thanks.

(Signed) F. L. G.

Gouty Eczema.

Finsbury Park, N.4.

February 18th, 1937.

“ I am extremely grateful, as I had begun to despair of ever using my hands again.

The tonic effect on my general health, especially digestion, has never been remotely approached by anything else, although as I told you, I tried many remedies.”

(Signed) Mrs. N. L. H.

People Tell Me I am a Miracle.

Walthamstow, E.17.

September 28th, 1935.

“ I have had no return of the pain and I am only taking one dose at night now. I cannot tell you how grateful I am for RU-MARI.

People tell me that I am a miracle because they saw how I suffered. I never went out at all last winter—I was too ill. I tried everything and my doctor said, ‘ I cannot cure you, I can only ease you,’ and he is a splendid friend and doctor. People have come to my home and say ‘ Is it true? ’ and they watched me walking about.

I am seventy next birthday and I have been suffering for several years. It is, I am sure, the answer to prayer, for so many have been asking God about me.

Again I say how very grateful I am for RU-MARI.”

(Signed) K. E. B. (Mrs.)

Quite Well Again.

Leigh-on-Sea, Essex.

October 5th, 1936.

" . . . the only thing that matters is, that I am cured of that plague of Rheumatoid Arthritis, am daily gaining in strength and am recovering much of my old time energy despite that I am in my 83rd year."

(Signed) Miss E. A. S.

Regaining Strength.

Stratford-on-Avon.

December 30th, 1935.

" . . . I have tried treatments and "cures" galore, and have gradually become worse and worse, until I started taking your RU-MARI. It has definitely arrested the complaint during the four or five months I have been taking it, whereas every treatment only seemed to bring it on worse. I am regaining strength gradually, looking healthier, and all my friends tell me that I am just beginning to walk a little better and use my legs more easily.

(Signed) Mrs. D. Rollitt.

A Wonderful Cure.

Fareham, Hants.

March 11th, 1937.

" I am very pleased to be able to give you a testimonial for RU-MARI, which has undoubtedly done me a great deal of good. I took it chiefly for stiff neck and rheumatic pains and stiffness, and felt well, and full of renewed energy. I have had no return of pain since. The tonic quality of RU-MARI is remarkable, and it improves the digestion, and the general feeling of energy and fitness is very pronounced. The Lotion is wonderful, so soothing and most beneficial for headaches and pains in the neck or fingers.

The RU-VIVE Bath Salts are delightfully refreshing and invigorating and leaves one strengthened and refreshed. I maintain that everyone who suffers pain from Rheumatic conditions, and lack of energy should not hesitate to avail themselves of this wonderful treatment, and should feel more than grateful to the scientist who discovered such a wonderful cure for all sufferers who are fortunate enough to be able to have it."

(Signed) A. S. P.

Condition of Heart Improved.

Margate, Kent.

June 30th, 1937.

“ I am still improving and everyone says I am looking years younger. The Lotion does help very considerably and indeed I am very grateful.

My Doctor wants me to persevere as he says my heart has improved very much.”

(Signed) M. B.

An Amazing History.

Gillingham, Kent.

February 15th, 1937.

“ I have just started taking RU-MARI as a last resource having suffered with Rheumatoid Arthritis for years. I was being treated with Iodine until I developed Iodine poisoning and had to give it up. I am now 37 years of age and bedridden.

February 22nd, 1937.

I feel a distinct improvement although only on the 2nd bottle. I am writing steadier and can move my limbs more.

February 26th, 1937.

You will notice by my handwriting that something is happening. I can now use a knife and fork instead of being helped, *and I have even been out of bed.* I am so happy after spending so many weary years in bed and I can now stand massage, my left ear was deaf through Arthritic trouble *but I can now hear a little* and the rigid limbs are beginning to feel strangely loose. I am taking the 3rd bottle to-morrow.

When I had the iodine poisoning which also affected my heart I had to make my will under very painful circumstances for it was feared I was on my deathbed. There was a conference between my friends and they decided to distrust other treatments and try RU-MARI.

There was almost a riot yesterday when I could move. The maid even had tears of joy in her eyes.

I can sleep without drugs, I am beginning to enjoy food and am putting on flesh.

My nerves are better *and I am not depressed, and I am not in pain.* I wish all sufferers could learn of RU-MARI.

March 5th, 1937.

We are all very satisfied with my progress.

I do not suffer so much pain and am certainly feeling happier and better in every way.

April 5th, 1937.

I went to London yesterday and walked from Piccadilly Circus to Hyde Park. It was rather marvellous considering I had been *unable to walk for over 4 years.*

I am so greatful and thankful that I decided to take RU-MARI.

Dorset.

May 29th, 1937.

On Holiday.

You will be surprised to learn that I am having the first real holiday for over 6 years.

I travelled *alone* from Gillingham by train carrying a small case. I did not even have to use a stick. I have baffled my friends and neighbours. I accosted them in the street and they couldn't believe their eyes.

I cannot speak too highly for RU-MARI after being bedridden and paralysed for so many years.

I am so pleased with the results that I have even stopped strangers in the street and when they told me their complaint was rheumatism I've implored them to take RU-MARI and they have thanked me.

I wish your firm all the success and prosperity that is possible.

RU-MARI is really a benefit to mankind.

P.S.—Just finished 17th bottle.

June 2nd, 1937.

I am a good subject considering all the doctor's certificates I possess for paralysis, etc., pictures of myself in bathchair and X-Ray plates of arthritic spine and hip."

(Signed) G. M. R. (Mrs.).

Relief from Pain.

December 18th, 1935.

50, Castlegate, Grantham.

“ I would like to say that this medicine has done me much more good and given greater relief from pain and stiffness, than any other treatment I have previously tried, for a most insidious form which I have suffered for many years and I have tried very many things before, including two visits to Spas for some weeks. Occasionally I get a mild attack, with the various changes in weather and temperature, which a few doses of RU-MARI I find quickly clears off, so I shall always keep a bottle beside me.”

(Signed) A. E. GOLDING.

No Recurrence of Pain After First Bottle.

London, N.1.

March, 1936.

“ I have great pleasure in stating that after six months' suffering with acute neuritis in the back of the neck which refused to yield to any treatment, and made it impossible for me to carry on my work, I was advised to try a course of RU-MARI. I can only state simply what happened. After the first bottle I had no recurrence of the pain. I continued the treatment until I had taken four bottles, but the pain ceased, as I have stated, and I have just reached the end of six months' heavy work without any sign of return of the trouble.

I can say further, that in several cases friends of mine who have taken a course of RU-MARI on my advice have thanked me for its effect upon them. One of these was away from his work for twelve months and was facing the loss of his position in business, but is now back at work and is quite free from pain.”

(Signed) Rev. L. B. F.

Marvellous Improvement.

Porthcawl.

July 11th, 1937.

“ I had been very, very ill for over a year and was in hospital six months. After being discharged I really got worse and spent a great deal in different medicines trying to cure myself and nothing had any effect, then last February I was sent a bottle of RU-MARI, and after I had taken three parts I could move

my toes and the pains in my body gradually decreased, after the second bottle I could leave my stick off and walk splendidly. The improvement was so marvellous and rapid that people whom I knew, were sending to ask me how I got cured after such a long illness.

I know I have found great benefit in taking it, and feel ever so grateful to think I found such a wonderful cure."

(Signed) M. H. (Miss).

Thankful for RU-MARI.

County Derry, Ireland.

April 29th, 1937.

" It may interest you to hear I am now able to be up and dressed again after being three months and one fortnight confined to bed. I feel so thankful as I am walking better than I have done for over three years.

I am advising anyone who has this " curse " to go in for the RU-MARI treatment."

(Signed) K. G.

Life Worth Living Again.

697, Sadler Street, Los Angeles, California.

March 11th, 1937.

Gentlemen—

" Five years ago I went to my doctor and was told that I had Arthritis. This happened in a small town. The doctor told me that he could do nothing for me and advised me to go to see a specialist. This I did. The specialist treated me for a period of six months, giving me various types of injections, advising teeth extraction, the removal of the tonsils, etc., all of which was done. At the end of this six months' period the specialist told me that he could do nothing further for me.

In the latter part of May, 1936, a neighbour told me of seeing an advertisement in regard to RU-MARI. In June, 1936, I started taking RU-MARI and have taken to date a total of twenty-eight bottles over a period of nine months.

Having been told that I was incurable by the best physicians whom I could reach, I think you will be astonished to know that the swelling has gone down from my knees to the extent of 75

per cent. of what it was. Suddenly one day I found that I could extend my limb full length, and I called in all the neighbours to see this. The improvement continued until the other limb was so loosened that I began to have a new outlook on life. Further improvement reduced the swelling in my hands to the vanishing point, and the pain has disappeared. I am now able to write letters to all of my friends, and am also able to walk again with the aid of a cane.

I can say honestly from the heart that, if it were not for RU-MARI, I believe that by this time I would have ceased having a desire to continue living."

(Signed) N. F. STORY.

From the Ex-Governor of New Mexico State, U.S.A.

354, Palace Avenue,
Santa Fe, New Mexico.

March 1st, 1937.

Gentlemen—

"Some three weeks ago I was stricken with a severe case of Sciatica, which was so painful I could hardly catch my breath. I retired to my bed and could not stand even the touch of the sheet to my left leg. The nurse made a barricade around me with pillows, putting hot water bottles inside. It began with Lumbago in my hips, then down the left leg to my feet. That same night it jumped over to my right leg, from the hip to my feet, and I was in perfect misery. I tried everything they gave me to ease the pain, but with little or no effect.

One day, while in bed, I happened to see a copy of *The Kansas City Star* lying on the floor, and the word Arthritis took my attention and I had the paper given to me. It proved to be an advertisement of the Katz Drug Co., advertising RU-MARI, together with letters from Hugh Walpole and Lionel Barrymore. I telegraphed for two bottles. As soon as they arrived I took a dose after the first meal. On the second dose I was surprised to note a favourable change in my left leg. By the time I had taken about half of the bottle all my pains had disappeared. I am still taking RU-MARI, and shall continue indefinitely, or so long as I feel the slightest touch of rheumatism.

I consider it my duty to inform you of the wonderful effect RU-MARI had on me. I believe it to be the greatest remedy

known for Arthritis, Lumbago, Neuritis, Sciatica, Gout and allied painful ailments caused by Rheumatism. Of course I do not know how it may affect others, but I do know how it acted on me."

(Signed) MIGUEL A. OTERO,

Ex-Governor of New Mexico, U.S.A.

A Wonderful Tonic.

Ontario, Canada.

March 23rd, 1936.

"I have benefited so greatly by taking RU-MARI I feel I want it in my home as I find it a wonderful tonic as well as a marvellous cure for rheumatic troubles."

(Signed) Mrs. A. J. H.

Derived Considerable Benefit.

Mayfield, Rondebosch, C.P., South Africa.

January 24th, 1936.

"I duly received the three bottles of RU-MARI and am pleased to say that my wife has derived considerable benefit after taking two bottles. The swelling at her knees has practically gone, and also the ankles are now normal."

Yours faithfully,

(Signed) O. L. T.

Joints Wonderfully Loosened.

Richmond, Queensland, Australia.

November, 1936.

"There is no doubt that RU-MARI has done me more good than any other medicine or treatment. My neck, hands, shoulders, have been wonderfully loosened.

Kindly send a bottle to my friend Dr. ——. Judging by my own improvement since taking RU-MARI I feel that he might benefit also from taking it.

(Signed) P de B. K. (Mrs.).

June 10th, 1936.

" I would like to inform you that I have a younger sister who has been confined to bed for nine years suffering from articular rheumatism. The most famous physicians of this city have examined her; she has patiently undergone thermal treatment in the best spas in this country, apart from numerous experiments she has been subjected to; unfortunately, without improvement.

Such were the circumstances when by a happy chance Providence intervened. One day when I was in a well-known chemist's I mentioned the matter and learned that an Englishman had been in the shop a few moments previously enquiring if he could obtain the medicine called RU-MARI, which, he stated, cured him.

On April 20th my sister commenced taking the medicine regularly in accordance with the indications on the prospectus and discontinued taking of all other remedies. I should mention that the patient took a tube of Aspirin and one of Athophan daily, apart from various heart tonics. Since that date (with the sole use of RU-MARI) my sister is recovering in health, with a complete absence of pain and the disappearance of nearly all deformities. The doctors who at first doubted have now been convinced, and after having thoroughly examined again my sister recently, declare her general condition to be nearly perfect, and attribute the cure to a miracle as the composition of RU-MARI is unknown to them.

As I am well known here through my position and as a member of one of the oldest families in the country, the news of my sister's improved health has spread in such a manner that I am continually being requested for the name of the medicine and where it can be procured.

Although I am not personally acquainted with the Argentine Ambassador in London, Dr. Malbran, I think the Argentine Embassy will be able to furnish you with information about me.

If, as I hope, the amazing improvement in my sister's health continues, I would have great pleasure in certifying her condition publicly for the benefit of humanity."

Yours faithfully, *

(Signed) HECTOR ZAVALIA.

The Improvement is really wonderful.

Brockenhurst, Hants.

July 9th, 1937.

" I have had Arthritis for the last two-and-a-half years with very acute attacks of pain.

I started taking RU-MARI last December and I am so much better that I hardly know myself. The improvement is really wonderful. Until I started taking RU-MARI I spent most of my time in bed with great pain and no treatments did any good, now I can walk more every day.

(Signed) D. F.

Satisfactory Progress.

Stockton-on-Tees.

June 17th, 1937.

" I am very pleased to say my progress continues satisfactorily whereas two months ago I was bent nearly double and could not walk more than a few yards, now I am almost straight and can walk a fairly good distance.

I thought I should never be able to work again and now I am working and happy to be able to do so.

I can only say thanks again to RU-MARI for my condition to-day."

(Signed) E. V. W.

Truly Amazing.

Swindon, Wilts.

June 12th, 1937.

" Words cannot express my most grateful thanks, the result was truly amazing. Since writing my last letter I feel I must inform you of the fact that on Sunday last, I not only walked about half a mile, but found no after effects of my effort. What RU-MARI means to me you may well imagine, for this is my longest walk for eighteen months.

Again I say from the bottom of my heart ' Thanks to you.' "

(Signed) E. J. E.

A Miraculous Discovery.

Chelsea, London, S.W.3.

April 9th, 1937.

“ I have been giving RU-MARI to an old woman in my parish who has been crippled with Arthritis for the last 25 years, and after the third bottle she is able to walk without a stick and feeling wonderfully better.

I do think this is the most miraculous discovery and have recommended it to all my friends.”

(Signed) P. M. W.

Recovering Use of Limbs.

Henley-on-Thames.

April 8th, 1937.

“ About six months ago I was seized with very severe pains and X-Rays revealed Osteo Arthritis. The pains at last became so much worse that I was not able to dress or undress or to get in and out of bed without help.

Having read your RU-MARI booklet I consulted with my doctor and suggested that I should try the RU-MARI treatment. He at once said, after reading the booklet, ‘ Let us try it. A new medicine is often a great thing ’ and so we have done.

After a few days of it I had one of the most glorious night’s sleep that I ever had in my life, even when in the best of health. I am 88 and sleep has become more abundant since I took your remedy, and I am gradually recovering more use of my limbs. For six weeks I could barely sign my name to a document, and I could only hold in my hand to read a book of light weight or a portion of newspaper. I am now allowed downstairs for a few hours a day. I am still going on with your treatment and I thought I would like to send you this report. The shoulders and the right leg from hip to ankle are quite easy in bed.”

(Signed) G. M. J. H. (Rev.).

Absolutely Cured.

Edinburgh, 2.

July 29th, 1937.

“ I can assure you that RU-MARI cured me absolutely when I was suffering agony and could not attend my office. The doctor recommended hot fomentations and electric treatment, which certainly gave relief, but to the symptoms only. I saw your

advertisement in *Punch* with Sir Hugh Walpole's testimony. After taking one large bottle the pains were gone and I was happy. I have since recommended RU-MARI to dozens of my friends with success. I often say 'Thank God for the man who invented RU-MARI.' "

(Signed) — — S.S.C. and N.P.,

Commissioner for Oaths.

Astonishing Results.

Petersfield, Hants.

July 29th, 1937.

" My wife has suffered very badly from Rheumatoid Arthritis for over four years. For 2 years she tried all kinds of treatment but gradually became worse and eventually was an utter wreck. She was quite a skeleton of her former self and all thought my wife must remain a tortured cripple for the rest of her life.

We obtained two bottles of RU-MARI but with not much faith after all the other failures. However, we were greatly surprised to find my wife getting a little ease and sleep so we decided to give it a fair trial and have done so regularly for something over a year with the most astonishing results.

Now my wife is able to get along quite by herself, can get up and down stairs unaided, enjoys a walk, and can do lots of her household duties which she could not do before. The most marvellous part of it all is the gratifying knowledge that the great improvement still continues and my wife is beginning to enjoy life again.

Everyone who knows her says what a marvellous recovery she is making since taking RU-MARI and all are astonished at the wonderful improvement in her condition."

Very gratefully,

(Signed) A. E. F. (Mr.).

Received Great Benefit.

Rouyn, Quebec, Canada.

July 31st, 1937.

" I am now on my third bottle and am receiving great benefit. You will have received my order for one more bottle and I wish

to thank you most sincerely for the diet sheet. I may say that I am recommending RU-MARI to many of my friends afflicted with Arthritis.

Again thanking you."

(Signed) C. S. C. (Mrs.).

Suffering Relieved After 10 Years.

Twickenham.

August 2nd, 1937.

" It is with much gratitude I write to tell you how much better I am after taking RU-MARI for only one month. It's a wonderful medicine for Rheumatism and Rheumatoid Arthritis. Indeed, I've come to the conclusion that all outward treatments, are useless in this dread disease of the bones, except perhaps in the early stages.

Once again I can sleep lying on my bad hip, which I haven't been able to do for more than three years, and also I find myself these last few days able to sit down and rise up from my chair without that agonising grinding of the hip bone.

I ought to be a splendid advertisement for RU-MARI considering I have suffered from Rheumatoid Arthritis in my right hip for over ten years and have never ceased in all that time to have treatment for it, but have passed on from doctor to doctor, from hospital to hospital, some have given me temporary relief, but no one has ever done me anything like so much good as I have received in only one month with taking RU-MARI.

Many people in Twickenham have remarked how much better I am walking and I tell them all about RU-MARI. I am looking forward to the happy day when I can go without my crutches to show some of the doctor's who have striven to cure me with external treatment what RU-MARI has done for me. Please use this letter if it will show other sufferers we have a wonderful remedy in England that really will cure Rheumatoid Arthritis. With much gratitude."

(Signed) C. B. V.

RU-MARI BRAND PROPRIETARIES

Ru-Mari Brand Compound	{	20 oz.	12/-
The Proven Treatment for Rheumatoid Arthritis		10 oz.	6/6

Lotion Ru-Mari Brand	{	10 oz.	5/-
A safe, speedy and efficient pain alleviator		5 oz.	3/-

Ru-Mol Vitamin Capsules	{	25	2/6
Containing Vitamins A and D		50	4/6
Perfectly Balanced		100	7/6

Liquid Cascara	{	3 oz.	3/6
Ru-Mari Brand—The Perfect Laxative ...		6 oz.	6/-

Ru-Vive Brand Bath Salts	{	1 lb.	2/6
A Medicated Tonic Bath Salt of excep-		3 lb.	6/-
tional merit		5 lb.	9/-

Haemorrhoidal Ointment

Ru-Mari Brand per tube 3/-

The Wonderful Eastern Specific. Only obtainable from Chemists.

Tyrodone Brand—Pure Deep Sea Oyster Concentrate for Anaemia, General Debility, Nervous and Glandular Disorders	{	Bottle of
		36 tablets 4/6

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